

Developmental Psych. – Study Guide

**Know the concepts of the following points, not just the definitions!*

Basics

- longitudinal vs. cross-sectional research
 - advantages vs. disadvantages
- cross-sequential
- general concept of how nature and nurture intersect and how different theories lean toward one or the other

Cognitive Development

- **Piaget**
- assimilation
- accommodation
 - how both of these work with schemas
- Know ages and hallmarks of the following stages (beyond just terms definition):
- Sensorimotor
 - infant reflexes
 - Should develop
 - object permanence
- Preoperational
 - egocentric
 - Should develop...
 - theory of mind
 - conservation
- Concrete Operations
 - can conserve, reverse
 - rule bound
 - other characteristics...
- Formal Operations
 - abstract thinking
 - other characteristics...
- **Vygotsky**
 - ZPD
 - scaffolding

Temperament

- **Thomas and Chess**
- 3 categories
- nature or nurture?

Attachment

- **Harlow**
 - monkey experiment details
 - contact comfort
- **Ainsworth (& Bowlby)**
 - attachment styles
 - strange situation
 - secure
 - insecure-avoidant
 - insecure-ambivalent

Parenting Styles

- **Diana Baumrind**
 - Authoritarian
 - Permissive – Indulgent/Neglectful
 - Authoritative
- importance of matching parenting style to temperament to form healthy attachments

Psychosocial Development

- know all 8 stages of **Erik Erikson's** psychosocial development
 - age ranges
 - titles
 - the “gist” of each stage
- theoretical background (what is outcome of the stages...why a “crisis?”)

Moral Development

- **Kohlberg**
- Heinz Dilemma basics...what he looked for in answers
 - Preconventional
 - Conventional
 - Postconventional
- **Gilligan's** criticisms

Adolescent Identity Status Model

- **James Marcia**
- Know level of exploration/commitment for:
 - Identity achievement
 - Identity foreclosure
 - Identity diffusion
 - Identity moratorium

Effects of Culture on:

- adolescent identity formation
- parenting styles
- child-parent conflict

Middle-Late Adulthood

- menopause
- andropause
- cellular-clock theory
- wear-and-tear theory
- “Effects of choice...” study basics

Death and Grieving

- Hindu vs. Navajo traditions
- **Kubler-Ross'** 5 stages of grief

Biological Development “extras”

- What are big milestones of the
 - germinal period
 - embryonic period
 - fetal period
- teratogen
- infant reflexes
- motor skill development (gross then fine)
- puberty
- sexual orientation and the **Kinsey** Study