## **Upton Sinclair Hits His Readers in the Stomach**

In 1904, in the midst of a bitter stockyard strike, socialist writer Upton Sinclair's twomonth visit to Chicago's "Packingtown" area provided him with a wealth of material that he turned into his best-selling novel, The Jungle. The book is best known for revealing the unsanitary process by which animals became meat products. Yet Sinclair's primary concern was not with the goods that were produced, but with the workers who produced them. Throughout the book, as in this chapter, he described with great accuracy the horrifying physical conditions under which immigrant packing plant workers and their families worked and lived. Sinclair's graphic descriptions of how meat products were manufactured were an important factor in the subsequent passage of the federal Pure Food and Drug and Meat Inspection Act in 1906. Sinclair later commented about the effect of his novel: "I aimed at the public's heart and by accident hit its stomach."

There were the men in the pickle-rooms, for instance, where old Antanas had gotten his death; scarce a one of these that had not some spot of horror on his person. Let a man so much as scrape his finger pushing a truck in the pickle-rooms, and he might have a sore that would put him out of the world; all the joints in his fingers might be eaten by the acid, one by one. Of the butchers and floorsmen, the beef-boners and trimmers, and all those who used knives, you could scarcely find a person who had the use of his thumb; time and time again the base of it had been slashed, till it was a mere lump of flesh against which the man pressed the knife to hold it. The hands of these men would be criss-crossed with cuts. until you could no longer pretend to count them or to trace them. They would have no nails,—they had worn them off pulling hides; their knuckles were swollen so that their fingers spread out like a fan. There were men who worked in the cooking-rooms, in the midst of steam and sickening odors, by artificial light; in these rooms the germs of tuberculosis might live for two years, but the supply was renewed every hour. There were the beef-luggers, who carried two-hundredpound quarters into the refrigerator-cars; a fearful kind of work, that began at four o'clock in the morning, and that wore out the most powerful men in a few years. There were those who worked in the chilling-rooms, and whose special disease was rheumatism; the time-limit that a man could work in the chilling-rooms was said to be five years. There were the woolpluckers, whose hands went to pieces even sooner than the hands of the pickle-men; for the pelts of the sheep had to be painted with acid to loosen the wool, and then the pluckers had to pull out this wool with their bare hands, till the acid had eaten their fingers off. There were those who made the tins for the canned-meat; and their hands, too, were a maze of cuts, and each cut represented a chance for blood-poisoning. Some worked at the stamping machines, and it was very seldom that one could work long there at the pace that was set, and not give out and forget himself, and have a part of his hand chopped off. There were the "hoisters," as they were called, whose task it was to press the lever which lifted the dead cattle off the floor. They ran along upon a rafter, peering down through the damp and the steam; and as old Durham's architects had not built the killing-room for the convenience of the hoisters, at every few feet they would have to stoop under a beam, say four feet above the one they ran on; which got them into the habit of stooping, so that in a few years they would be walking like chimpanzees. Worst of any, however, were the fertilizer-men, and those who served in the cooking-rooms. These people could not be shown to the visitor,—for the odor of a fertilizer-man would scare any ordinary visitor at a hundred yards, and as for the other men, who worked in tank-rooms full of steam, and in some of which there were open vats near the level of the floor, their peculiar trouble was that they fell into the vats; and when they were fished out, there was never enough of them left to be worth exhibiting,—sometimes they would be overlooked for days, till all but the bones of them had gone out to the world as Durham's Pure Leaf Lard!

Source: Upton Sinclair, The Jungle (1905), Chapter Nine.